

Dear Friend and Patient.

Because we care about you, I have decided to start a regular letter on acupuncture and nutrition for better health.

A reminder that acupuncture manipulates the body's own energy called (Chi) and results in dramatic changes in its functions by moving blockages, strengthening areas, organs or systems that are weak, and by quieting accumulations or over-activity.

Acupuncture helps relieve all pain symptoms and increases the body's immune system with more lymphocyte production which contributes to the destruction of foreign viruses and bacteria.

A number of patients have chosen to continue bi-monthly (every two months) treatments after their condition improved to keep optimum health. The wonderful result of this has been that the patients who have continued these treatments for the past several years actually are looking younger than ever, and are not being plagued by colds, low back aches, joint pain and PMS problems or headaches.

Acupuncture stimulates and speeds the body's own healing processes. It is outstanding for its ability to address the underlying cause of the illness or pain, not merely its symptoms.

The World Health Organization endorses its use as an effective treatment for numerous illnesses.

For those of you who haven't seen me for a long time, I would like to introduce Contact Reflex Analysis (CRA). Research has proven the human body to be a computer, made up of the Brain (electrical generator and memory bank) and hundreds of miles of electrical wires called nerves. These nerves connect every organ, gland and tissue of the body. These nerves also connect with fuses or breaker switches called CONTACT REFLEXES. By contacting these reflexes, using the body muscular system as an indicator, we are able to monitor the function of body systems.

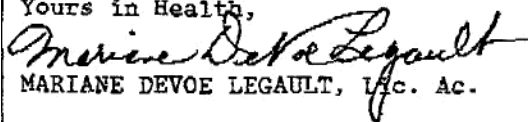
My expertise in this field has improved dramatically in the last few years and there is a constant study on my part in conjunction with Dr. Versendaal's continued research, results and findings.

Check the book called "Your Body Doesn't Lie" by John Diamond. CRA is based on the information in this book.

What is a Vitamin? It is a live complex of biological wheels within wheels consisting of enzymes, coenzymes, antioxidants and trace mineral activators. Cataplex is the Standard Process term for the vitamin mineral-enzyme complex as it occurs in nature in whole foods.

Because we care, please do not hesitate to get in touch with us with any questions or inquiries. Remember, HEALTH IS WEALTH and you are the most important person there is.

Yours in Health,


MARIANE DEVOE LEGAULT, Lic. Ac.